

## VI Peel® Consent Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

The VI Peel® contains a synergistic blend of powerful ingredients suitable for all skin types. VI Peel® will improve the tone, texture, and clarity of the skin; reduce age spots, improve hyperpigmentation (including melasma), soften lines and wrinkles; clear acne skin conditions; reduce or eliminate acne scars; and stimulate the production of collagen, for firmer, more youthful skin.

### Contraindications:

- Patients who are **pregnant** or who are **breast feeding**
- Patients who have **an aspirin, hydroquinone or phenol allergy**
- Patients who have used oral isotretinoin (**Accutane**) **within the past 6 months**
- Patients who have **active cold sores, warts, open wounds or history of herpes simplex**
- Patients who are **undergoing chemotherapy and or radiation therapy within 6 months**
- Patients with a **history of an autoimmune (i.e.Lupus) or liver disease/disorder** as well as **any condition that may weaken their immune system**

\_\_\_\_\_ Before receiving treatment, I have communicated with the Practitioner about any conditions or medications that may contraindicate this procedure.

\_\_\_\_\_ I understand that there may be some degree of discomfort such as burning, stinging, redness, heat, or tightness during and a week after the procedure.

\_\_\_\_\_ I understand that there is no guarantee of the final results of the peel. Occasionally, hyperpigmentation may develop, persisting for a week or months after the peel.

\_\_\_\_\_ I understand that although complications are infrequent, sometimes they may occur. In the event of any complications, I will immediately contact the Physician/Clinician who performed the treatment.

\_\_\_\_\_ I understand that if I have any acne condition on the skin, the peel may bring out oils and bacteria from below the surface and cause an actual breakout.

\_\_\_\_\_ I understand that maintenance of VI Peel® treatments is necessary to maintain results and the recommended VI Derm® skincare regimen and SPF 50+.

\_\_\_\_\_ I understand that extended direct sun exposure, including tanning beds, is strictly prohibited before and after receiving the VI Peel®.

\_\_\_\_\_ I understand that no activities involving excessive sweating can be done for 72-96 hours (exercise, sauna, hot tub steam room and that overheating may cause me to develop blisters or cause hyperpigmentation to worsen.)

\_\_\_\_\_ I understand that I must protect my skin with VI Derm® SPF 50+and avoid sun exposure during the seven-day exfoliation process.

\_\_\_\_\_ I understand that this is an elective cosmetic procedure.

\_\_\_\_\_ I understand that no other chemical peels, facial machine brushes, or medical device (laser, IPL, etc.) treatments may be performed on my skin until my physician/clinician releases me to do so.

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VI Peel is a blend of TCA or trichloroacetic acid, retinoic acid, salicylic acid, phenol, and vitamin C which work together to safely remove the damaged layers of the skin. Depending on which VI Peel is used other ingredients may include hydroquinone, kojic acid, benzoyl peroxide and hydrocortisone. VI Peel promotes cellular turnover and refines the surface layer of the skin for a smoother, firmer, clearer and more youthful appearance.

### The following are the benefits of each of the components of a VI Peel?

**Retinoic Acid** – inhibits melanin (pigment) production and increases cell turnover and exfoliation.

**Trichloroacetic Acid (TCA)** – acts by boosting collagen and exfoliating the skin.

**Salicylic Acid** – works to reduce the bacteria that cause acne by cleansing the pores and reducing inflammation.

**Phenol** – numbs the skin to allow for a pain-free chemical peel application.

**Ascorbic Acid** – a powerful antioxidant that reverses free radicals, evens skin tone, and helps prevent future damage.

**Hydroquinone** helps reduce pigment, helping to lighten and brighten the skin.

**Kojic Acid** – inhibits the production of pigment.

\_\_\_\_\_ I understand that generally, a series of 3-4 treatments are recommended for optimal results. However, the number of treatments required will depend on each patient's level of skin correction needed. Treatments are generally performed once every 2 to 4 weeks, and maintenance treatments are typically recommended every three months to help prevent skin aging. t

\_\_\_\_\_ I understand that for optimal results, I will be given and must follow all post-treatment instructions. These instructions will be given to me verbally and in written format, and I have been informed of the VI Peel mobile app, which also provides day-by-day post-treatment instructions, all of which are shown in my post-treatment kit.

\_\_\_\_\_ I understand peeling typically lasts seven days, and results are generally seen within a week once peeling has subsided. However, continued improvement to the skin may be seen even months after treatment.

The nature and purpose of the treatment have been explained to me. I have read and understood this agreement that I completed on "today's date," stated on pages one of two on this consent form. All of my questions have been answered to my satisfaction, and I consent to the terms of this agreement. Alternative treatment methods and their risks and benefits have been explained to me, and I understand that I have the right to refuse treatment. I am aware that it is my responsibility to inform the technician, esthetician, therapist, doctor, or nurse of my current medical or health conditions and update my records. Recent medical history is essential for the caregiver to execute appropriate treatment procedures.

\_\_\_\_\_  
PRINTED NAME OF PATIENT (FIRST, LAST)

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PATIENT SIGNATURE  
(OR SIGNATURE OF LEGAL GUARDIAN IF PATIENT IS UNDER 18)